
Course Name

Code No.**I. COURSE DESCRIPTION:**

Substance abuse and dependency issues ranks as one of the major issues in today's society. Students will be taken through the process of working with clients addressing this complex, usually progressive problem. Substance misuse, abuse and dependency are multifaceted problems that vary across cultures, families, as well as individual to individual. We will guide students in their recognition, assessment and treatment of substance abuse and dependency in community members in need.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Adopt a confident, flexible and knowledgeable attitude towards various treatment approaches/treatment processes presenting any treatment setting.
2. Self Assess your performance of the 12 core functions of a substance abuse counsellor.
3. Implement the Canon of Ethical Principles into your every day professional activities.
4. Complete an assessment using tools currently available in the field of addictions.
5. Prepare a complete case presentation of clients involved in the continuum of care.
6. Design, develop and implement a comprehensive treatment plan suitable to meet the specific needs of each individual and co-ordinate effective on-going case management.
7. Create a staff plan to ensure efficient time management and comprehensive coverage of treatment needs.

III. TOPICS:

1. The Continuum of Care - Treatment Settings & Modalities

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2. Case Presentation Method -- 12 Core Functions
3. Ethical Principles & Role of Substance Abuse Worker
4. Treatment Plan - Client
5. Introduction to Relapse Prevention

IV. LEARNING ACTIVITIES AND REQUIRED RESOURCES/TEXTS/MATERIALS:

1. The Continuum of Care: Treatment Settings & Modalities
The instructor will introduce the students to various information and Programs to develop understanding of prevention, intervention and Treatment using a variety of sources.

RESOURCES: Text, guest speakers, class discussion

2. 12 Core Functions
The instructor will take the students through the process of a Substance abuse counsellor's responsibilities in relation to the 12 Core Functions in a treatment setting.
This will serve to integrate the skills and knowledge acquired in the Program thus far.

RESOURCES: Handouts, role plays, class discussion

3. Relapse Prevention
The instructor will introduce the students to Relapse Prevention, warning signs of relapse, relapse dynamics and steps of relapse prevention planning.

RESOURCES: Text, class discussion

REQUIRED TEXT:

Substance Abuse Counselling: Theory & Practice, Patricia Stevens - Smith & Robert L. Smith, Prentice Hall, 1998.

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V. EVALUATION PROCESS/GRADING SYSTEM:

| METHOD OF EVALUATION | | PLANNED DATES |
|-------------------------------|-------------|----------------------|
| | | Due week of: |
| Test #1 | 25% | October 25 |
| Test #2 | 10% | November 15 |
| Test #3 | 15% | December 6 |
| Community Resources Directory | 15% | Sept. 27 |
| Treatment Plan/Schedule | 25% | December 6 |
| Aftercare Plan | 10% | December 13 |
| TOTAL | 100% | |

- A. I) Test one will cover the various approaches of prevention, intervention and treatment in various treatment settings & modalities.
- ii) Test two will cover the 12 Core Functions of a substance abuse counsellor and 12 Ethical Principles.
- iii) Test three will cover Relapse Prevention.
- B. Community Resources Directory: this assignment can be completed in various formats and must include the following.
1. Minimum of 20 service providers/agencies in the community who provide addiction services.
 2. For each service provider/agency:
 - a. Full address, include postal code
 - b. Telephone numbers and fax numbers (include area code)
 - c. Target client population
 - d. Main services provided
 - e. Contact person and their title within the agency - cannot be the Director or equivalent unless validated as only possible contact.
 - f. Identify if the service is prevention, intervention or treatment
- *****"This is an individual assignment". All the information in your directory must be current and accurate to receive full marks (1 mark will be deducted for each spelling error).
- C. Treatment Plan-Client/Schedule: Students will design a new service for addictions. Your service will include a variety of activities which will meet the needs of your client. Specifics on process and format to be provided by instructor.
- D. Report: Students to prepare 3 - 5 double-spaced typewritten pages on an issue related to addictions treatment. Specifics on format and

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Process provided by instructor.
Bibliography required.

- E. After-Care Plan: The student will develop an after care plan which best suits the client needs, include community resources from your community directory. Specifics on process and format to be provided by instructor.

The following semester grades will be assigned to students in postsecondary courses:

| <u>Grade</u> | <u>Definition</u> | <u>Grade Point Equivalent</u> |
|--------------|---|-------------------------------|
| A+ | 90 - 100% | 4.00 |
| A | 80 - 89% | 3.75 |
| B | 70 - 79% | 3.00 |
| C | 60 - 69% | 2.00 |
| R (Repeat) | 59% or below | 0.00 |
| CR (Credit) | Credit for diploma requirements has been awarded. | |
| S | Satisfactory achievement in field placement or non-graded subject areas. | |
| X | A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies & Procedures Manual - Deferred Grades and Make-up</i>). | |
| NR | Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has been impossible for the faculty member to report grades. | |

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs office, Room E1204, Extension 493, 717, or 491 so that support services can be arranged for you.

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Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Disclaimer for meeting the needs of learners:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

Significant learning takes place in the classroom through an interactive learning approach; therefore, ALL students must attend 60% of the classes to obtain a passing grade.

ALL assignments are to be handed in on the due date and are to be typewritten. Any late assignments will be penalized 1% per each day late.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.